



Re-Opening Procedures

Updated 10/26/20

General Notes

STRICT CLASS SCHEDULE. Only attend your pre-assigned class. Classes missed because of illness or injury can be made up.

NO DROP-OFFs / NO LATE PICK-UPs. Parents MUST remain in T&T parking lot while student waits for entry. If student's temperature is high or they appear sick, they will be sent home. Parents MUST pick up their child within 5 minutes of class ending.

GOOD HEALTH ONLY. As always, no student should train while ill or exhibiting symptoms of any sickness. This includes fever, cough, aches, sore throat, diarrhea, or nausea. Before entering the facility, all students must have their temperature taken with a no-contact thermometer. **REGARDLESS OF SYMPTOMS, IF A STUDENTS OR A MEMBER OF THEIR HOUSEHOLD IS EXPOSED TO COVID-19, THE FAMILY SHOULD INFORM T&T KARATE IMMEDIATELY.**

NO SPECTATORS OR PERSONAL ITEMS INSIDE. Parents and other spectators are not allowed inside the facility; you may watch the live-stream on your phone. No personal effects inside. The only personal items allowed are cell phones, shoes, water bottles, and items necessary for health and wellbeing.

DISINFECTION BETWEEN CLASSES. There are 15-minute windows between classes that serve as buffers for students coming and going, and allow instructors time to sanitize equipment and frequently touched objects, surfaces. These items include door handles/door/frame, bannisters/barre, sink and handles, toilet and flush handle, all equipment or weapons used by students.

Class Procedures

IMPORTANT NOTE: No students are permitted to enter facility earlier than 5 minutes prior to class. All students must exit facility within 5 minutes of class ending. This helps avoid large gatherings of people and allows staff to disinfect equipment between classes.

Arrival

- **No students are permitted to enter facility earlier than 5 minutes prior to class.**
- ARRIVE IN UNIFORM.
- LINE UP OUTSIDE. Maintain social distancing and wear masks.
- TEMPERATURE CHECK. After given OK, student will enter and remove shoes. Parent will return to car.
- SHOES OFF, THEN SANITIZE HANDS. Student will keep on face mask and proceed directly to hand sanitizer station; then enter the training floor and begin warming up.

During Class

- Student must keep mask on while training.
- There will be no contact between students, and contact only when necessary between student and instructor.

Dismissal

- SANITIZE HANDS, THEN SHOES ON. Instructor will dismiss students to hand sanitizer station. When students are done, they will proceed to foyer to put on shoes.
- WAIT FOR PARENT. Instructor will dismiss students when their parent is visible.
- **All students must exit within 5 minutes of class ending.**



COVID Safety Plans

Released 10/26/20

These safety plans are protocols for class at T&T Karate designed around the “New York Forward” phase program. They are guidelines we will follow in the event NYS moves back to a previous Phase, or someone in the T&T Family is exposed to / tests positive for COVID-19.

PLAN A - consistent with Phase 4 of NY Forward. Default operation.

Fully open facility. In-person group classes with masks, social distancing, and sanitization.

PLAN B - consistent with Phase 3 of NY Forward; or, if an instructor/student has been exposed to COVID-19 before attending class at T&T.

Partially open facility. Online group classes (or outdoor from May - September), in-person private lessons.

Ends when we reenter Phase 4, or 2 weeks from date of last class attended by ill/exposed person, or until NYS Department of Health declares that we may re-open for indoor group classes. Instructor/student exposed to COVID will be asked to continue training online for remainder of 2 weeks.

PLAN C - consistent with Phases 1 and 2 of NY Forward; or, if an instructor/student has been exposed to COVID-19 before attending class at T&T, and then tests positive for COVID-19; or, if NYS Department of Health declares that we must shut down due to exposure risk.

Facility closed to public. Online group classes, online private lessons.

Ends when we reenter Phase 3, or 2 weeks from date of last class attended by COVID-positive person. (COVID-positive person will be asked to continue training online until sickness is over and negative test result is obtained, or until released from quarantine by NYS Department of Health.)

NOTE: As always, no student should train while ill or exhibiting symptoms of any sickness. This includes fever, cough, aches, sore throat, diarrhea, or nausea.

REGARDLESS OF SYMPTOMS, IF A STUDENTS OR A MEMBER OF THEIR HOUSEHOLD IS EXPOSED TO COVID-19, THE FAMILY SHOULD INFORM T&T KARATE IMMEDIATELY so we can make a decision about how to proceed.



Declaration of Understanding and Release of Liability

Place a check ✓ mark in the given spaces to signify you have read the articles, then print name and sign at the bottom.

I have read and understand the new class procedures of T&T Karate Ctr., Inc. and will comply with them to the best of my ability, including wearing a face covering and having my / my child's temperature taken before each class.

To the best of my knowledge, I am / my child is healthy and free of any symptoms of COVID-19. If I / my child begin(s) to exhibit any symptoms of illness, I will not attend class.

If I become aware that I / student or someone in the household has been exposed to COVID-19, I will inform T&T Karate immediately and return to online classes for 2 weeks (if I / student was directly exposed), or negative test results obtained (if other member of household was exposed and you / student was not specifically asked to quarantine).

I attend class voluntarily, therefore I waive all responsibility of T&T Karate Ctr., Inc. for any possible liability for claims (medical, legal, financial, or otherwise) of exposure to COVID-19.

I understand T&T Karate Ctr., Inc. will not be held accountable if COVID-19 is traced back to this location and my / my child's class time.

I am an adult student.

I am the parent of a student. Name(s) _____

Print Name (parent / adult student)

Sign Name

Date

Witnessed by (T&T staff member)